

better together...



Client Representation Service



Affinity's Peer Support Workers all have lived experience of mental illness and are actively working towards their own recovery. They use the wisdom and tools they have learned to support people on their journey to recovery. They apply the recovery principles of Hope, Choices, Empowerment, Environment and Spirituality.

The Peer Support team works alongside all of Affinity's services across a diverse range of cultures.

WHAT DO WE OFFER

Our Mission, philosophy and purpose of the team is to work with people to provide Peer Support with:

- Recovery Support
- Knowledge & Information
- Resources and Education
- Collective Participation
- Mediation and Advocacy
- Problem Solving
- Complaints Assistance

EMPOWERING & SUPPORTING YOU WITH

Forums

Regular forums are held at different locations to give people using Affinity's services, the opportunity to express their views, discuss concerns and have support and companionship from others who experience similar challenges.

Complaints Assistance

The Peer Support Worker can support people with a concern or problem they may be experiencing with Affinity's services.

PARTICIPATING IN THE SERVICE

The New Zealand Mental Health Standard 9 states that clients should be involved at every level of mental health service planning and provision. The Peer Support workers regularly attend meetings both within Affinity and in the community where planning and decisions are made, to represent clients' views.

Peer Support Workers support you to have your say:

- With Key Workers
- With Support Workers
- In your living situation
- With medication issues
- With Networks

HOW TO ACCESS THIS SERVICE

If you would like further information, you can either ask your Community or Residential Support Worker to contact us and arrange a meeting or contact a Peer Support Worker on 09 526 0320.