

better together...



Crisis Respite



Our Crisis Respite Service uses recovery principles to actively support people experiencing mental health crisis while maintaining links with their family/whānau local community supports and District Health Board clinical services.

AFFINITY SERVICES

Affinity uses the recovery frameworks of the Strengths Model, Te Whare Tapa Wha and Wellness Recovery Action Planning (WRAP).

We are authorised trainers and facilitators of the Professor Charles Rapp 'Strengths Model' and have an international reputation for excellence in this approach.

The Strengths perspective is about a belief in human potential; working on the assumption that everyone has goals, and real talents, skills and competencies and that all environments contain resources, people and opportunities. Strengths-based case management is individually tailored to the unique needs of each person.

WHAT DO WE OFFER

We work as a team to provide:

- Active support for people in the community with the aim of preventing the need for hospitalisation
- A homelike, safe and supportive environment
- Recovery focused support and interventions in collaboration with DHB clinical services
- Staff who work alongside people to enhance wellness, reduce stress/distress and maintain their safety in the community
- Peer and family/whānau support

HOW TO ACCESS THIS SERVICE

All referrals are through the Counties Manukau Clinical Teams in the district.

If you would like further information, please contact the Service Coordinator for this Crisis Respite Service on 09 267 5032.

www.affinityservices.co.nz