

better together...



Specific Cultural Support Service



Our Specific Cultural Support Service has a Māori, South Asian and Pacific cultural focus. The service is recovery orientated and provides support for people, living in the community, who have mental health support needs.

Our integrated service includes:

- Community Support Work
- Occupational Therapy
- Community Outreach
- Kaupapa Māori Service

WHAT DO WE OFFER

We work as a team to provide:

- culturally responsive and culturally sensitive support (individually and/or collectively)
- whānau ora inclusive of family members
- group programmes (Work, Leisure and Education)
- networking and building relationships with Cultural Community Resources
- Mental Health Promotion within the Community

HOW TO ACCESS THIS SERVICE

Our service is free and available to people who :

- are Māori, South Asian, Pacific and who have been diagnosed with mental illness
- are aged 18 years to 65 years
- live within the Counties Manukau district

Referrals can be made by:

- self referral, family or friends
- Psychiatrist, key worker or GP
- other professionals or service providers

If you would like further information, please contact the Specific Cultural Support Team on (09) 526 0320.

www.affinityservices.co.nz