

better together...



Affinity Services



Affinity Services is a standalone Charitable Company, owned by the Affinity Services Charitable Trust. We are a community based organisation and have provided mental health services in the Auckland region for over 33 years.

Affinity provides community based, recovery focused, mental health support services and strives to assist people attain and live rich and fulfilled lives.

We are authorised trainers in the Strengths Model and we work with people using the following recovery tools: Prof. Charles Rapp's Strengths Model; Prof. Mason Drurie's Te Whare Tapa Wha (Four Cornerstones) Model; and Mary Ellen Copeland's Wellness Recovery Action Planning (W.R.A.P.).

OUR VISION

Creating and sustaining mentally healthy communities.

OUR VALUES

- We believe we are all human beings, citizens, potential service users, and are in this life together.
- We affirm mental health is our single greatest asset.
- We focus positively on people's strengths.
- We encourage participation, collaboration, partnership and innovation.
- We promote community acceptance and understanding.

OUR MISSION

In partnership with Māori and service users, Affinity will build upon strengths to provide pathways to recovery and leadership in the mental health sector.

Na te whakahoatanga o Affinity rātou ko ngā Iwi Māori me ngā Tangata Whaiora, ka mahia e tātou ki te whakanui a tātou kaha, kia hanga ngā ara tika ngā ara pai mo te hokinga mai ki te hauora. Hei kaiarahi tātou i tenei mahi hauora e pā ana ki ngā mate hinengaro

SERVICES PROVIDED

- Adult Crisis Respite
- Community Support for Specific Cultures
 - Asian / South Asian/ Māori
- Family / Whanau Support
- Flexible Community Living Support options
 - Independent Living/Mobile/Residential
- Kaupapa Māori Support
- Maternal Mental Health
- Occupational Therapy
- Peer Support
- Support for Community Involvement
 - Education/Healthy Living/Recreation
- Supported Employment (Job Quest)

HOW TO ACCESS OUR SERVICES

If you live in the Auckland, Counties Manukau or Waitemata District Health Board districts and are over the age of 18; you can access a range of our free services, provided you meet the necessary criteria for referral:

Referrals can be made by a:

- DHB Clinical Team/Community Mental Health Centre
- Family Member
- GP or Psychiatrist

If you would like further information, please contact us on (09) 526 0320.

Training facilities are available for hire.